Differential Expression of Corticotropin-Releasing Factor (CRF) and Urotensin I Precursor Genes, and Evidence of CRF Gene Expression Regulated by Cortisol in Goldfish Brain

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Corticotropin-releasing factor (CRF) and urotensin I (UI) precursor cDNAs were cloned and sequenced from a goldfish brain cDNA library in order to investigate the distribution of CRF and UI mRNAs in goldfish brain and the regulation of CRF and UI gene expression. The CRF (966-bp) and UI (769-bp) cDNAs encode 163- and 146-amino acid precursors, respectively, and consist of a signal peptide sequence, a cryptic region, and a 41-amino acid mature peptide at the carboxy terminal. The deduced amino acid sequences of the CRF and UI peptides exhibit a sequence identity of 54%. Northern blot analysis revealed a single size of CRF (1.3 kb) and UI (2.0 kb) mRNAs, which are expressed in the telencephalonpreoptic, hypothalamic, optic tectum-thalamus, and posterior brain regions, but not in the pituitary. In addition, while the CRF gene is strongly expressed in the olfactory bulbs, the UI gene is not. In brain regions in which both genes are expressed, the mRNA levels of CRF were threeto sevenfold higher that those of UI. While the low expression levels of the UI gene prevented further analysis of its regulation, the regulation of CRF gene expression by cortisol was examined. In response to intraperitoneal implants of cortisol (300 µg/g BW) the level of CRF mRNA in the telencephalon-preoptic region decreased to 69% of control values at 6 and 24 h posttreatment. In sham-treated fish, in parallel with a transient injection stress-elicited increase in plasma cortisol, CRF mRNA levels declined to 72% of control value at 6 h postinjection and recovered after 24 h.

Injection of the glucocorticoid antagonist, RU-486 (100 µg/g BW), prevented the reduction in CRF gene expression associated with the injection stress at 6 h and increased CRF mRNA levels to 145% of control value after 24 h. In contrast, the various implants had no effect on CRF mRNA levels in either the hypothalamus or the optic tectum–thalamus region. These results provide evidence of differential expression of the CRF and UI genes in hypothalamic and extrahypothalamic regions of goldfish brain. Furthermore, they demonstrate that stress levels of plasma cortisol can lead to a decrease in CRF gene expression that is mediated by glucocorticoid receptors in the telencephalon–preoptic region and give an indication of the regional specificity of the regulation of CRF gene expression by cortisol.

Key Words: corticotropin-releasing factor precursor; urotensin I precursor; cDNA; gene expression; mRNA distribution; cortisol; negative feedback regulation; brain; goldfish.

Corticotropin-releasing factor (CRF) and urotensin I (UI) are homologous neuropeptides originally isolated from sheep hypothalami (Vale *et al.*, 1981) and fish urophysis (Ichikawa *et al.*, 1982; Lederis *et al.*, 1982), respectively. Together with amphibian sauvagine (Montecucchi and Henschen, 1981) and mammalian urocortin (Vaughan *et al.*, 1995), CRF and UI are members of a peptide family that share partial sequence identity,



pharmacological properties, and physiological functions (for review see Lovejoy and Balment, 1999). Primary among the physiological actions of CRFrelated peptides in fish and mammals is their stimulatory effect on the release of adrenocorticotropic hormone (ACTH) from the pituitary (Fryer et al., 1983; Vaughan et al., 1995). In fact, CRF is now generally acknowledged to be the principle regulator of the hypothalamic-pituitary-adrenal (HPA) axis in mammals and to play a major role in the integration of the body's response to stress (Turnbull and Rivier, 1997). In fish, although CRF plays an important role in the control of the hypothalamic-pituitary-interrenal (HPI) axis (for review see Lederis et al., 1994), its dominance among a diverse array of corticotropin-releasing peptides in the neuroendocrine integration of the stress response remains to be demonstrated (Fryer, 1989; Wendelaar Bonga, 1997).

Following the observation that UI is more potent than CRF in the release of ACTH from fish pituitaries and that the hypothalamus is an extraurophysial site of UI synthesis (Fryer et al., 1983; Woo et al., 1985), it was suggested that UI may act as CRF in teleost fish (Lederis et al., 1985). However, several studies have provided evidence that CRF- and UI-like immunoreactivity occurs in separate neuronal populations in the teleost brain (Yulis et al., 1986; McMaster and Lederis, 1988; Fryer, 1989). Moreover, CRF precursor cDNAs have been isolated from hypothalamic cDNA libraries of white sucker (Catostomus commersoni; Okawara et al., 1988; Morley et al., 1991) and sockeye salmon (Oncorhynchus nerka; Ando et al., 1999).

Hypothalamic lesioning studies in goldfish (*Carassius auratus*) first identified the nucleus preopticus (NPO) and the nucleus lateral tuberis (NLT) as sources of hypothalamic factors involved in the control of ACTH (Fryer and Peter, 1977a). Subsequent investigations showed that the NPO and the NLT are the principle sites of CRF- and UI-like peptides in teleosts (Yulis *et al.*, 1986; McMaster and Lederis, 1988; Olivereau and Olivereau, 1988; Fryer, 1989; Lederis *et al.*, 1994). In addition, these studies revealed a complex network of neuronal fibers immunoreactive to UI and CRF scattered throughout the central nervous system (Lederis *et al.*, 1985, 1994; Yulis *et al.*, 1986). Northern blot and *in situ* hybridization experiments have identified the NPO and the NLT as locations of CRF and UI

synthesis in the brain of teleosts (Morley *et al.*, 1991; Okawara *et al.*, 1992; Ando *et al.*, 1999). So far, however, the potential synthesis of CRF or UI outside of these two hypothalamic nuclei has not been investigated.

It is well established that CRF gene expression in the paraventricular nucleus (PVN), the mammalian equivalent to the NPO, is negatively regulated by glucocorticoids (Jingami *et al.*, 1985; Imaki *et al.*, 1991). Similarly, several lines of evidence suggest that cortisol may have a regulatory impact on CRF synthesis in fish (Fryer and Peter, 1977b; Fryer and Boudreault-Châteauvert, 1981; Olivereau and Olivereau, 1990; Morley *et al.*, 1991). However, the direct effects of elevated circulating cortisol levels or of glucocorticoid receptor blockade on CRF gene expression in fish are not known. Similarly, although pharmacological adrenalectomy results in an increase in UI immunoreactivity in the NLT of goldfish (Fryer, 1989), the effects of cortisol on UI mRNA levels have not been ascertained.

In the present study, to explore further the gene expression pattern of CRF-related peptides in fish, cDNAs for CRF and UI were cloned from a goldfish brain cDNA library. Once oligonucleotide probes were developed, we determined the general distribution of the mRNAs for CRF and UI in discrete brain regions of goldfish. In addition, the potential impact of glucocorticoids on CRF and UI mRNA levels in hypothalamic and extrahypothalamic brain regions was investigated in goldfish given intraperitoneal implants of either cortisol or RU-486. RU-486 is a potent glucocorticoid antagonist in mammals (Gaillard et al., 1984; Healy et al., 1985), which has previously been shown to bind with high affinity to cortisol receptors in fish cells (Lee and Bols, 1989). Therefore, RU-486 may prove a useful tool for providing evidence of negative feedback regulation by cortisol of CRF or UI synthesis.

MATERIALS AND METHODS

Animals

Mixed-sex goldfish (*C. auratus*) of the common or comet variety weighing between 12 and 38 g (22.2 \pm 0.4 g, mean \pm SEM, experimental n=256) were obtained from Mount Parnell Fisheries (Mercersburg, PA) and maintained in 800-liter flow-through fiberglass tanks

at 17°C under a simulated natural photoperiod at Edmonton, AB, Canada. The fish were fed *ad libitum* once daily with commercially prepared Unifeed Nu-Way trout ration (United Grain Growers, Okotoks, AB, Canada).

Preparation of Total RNA

Fish were anesthetized in 0.05% tricaine methanesulfonate (MS-222; Syndel, Vancouver, BC, Canada) prior to decapitation and dissection of the tissues. Total RNA was extracted from goldfish brain and pituitary using Trizol Reagent (Life Technologies, Gaithersburg, MD) based on the acid guanidinium thiocyanate–phenol-chloroform extraction method. RNA concentrations were determined by optical density at 260 nm, and ethidium bromide staining of 18s and 28s ribosomal bands on a denaturing agarose gel verified integrity of the RNA.

Cloning of CRF and UI cDNAs

For cloning of goldfish CRF and UI cDNAs, reverse transcription-polymerase chain reaction (RT-PCR) was used to prepare DNA probes for screening a goldfish brain cDNA library. Briefly, total RNA was extracted from goldfish forebrain (telencephalon and hypothalamus) as above and 5 μ g total RNA was reverse transcribed to cDNA using the SuperScript Preamplification System (Life Technologies). The oligonucleotide primers used for PCR were synthesized by Life Technologies and the sequences are shown in Table 1. For CRF, forward primer P1 and reverse primer P2 were designed on the basis of highly conserved coding sequences of CRF precursors in mammals and white

TABLE 1
Primers Used for Amplification of Corticotropin-Releasing Factor and Urotensin I cDNA Fragments from the Brain of Goldfish

Primers	Sequences			
P1	5'TAGGGGAGGAGTACTTCATCCG3'			
P2	5'GCGGTTGCTGTGAGCTTGCTG3'			
P3	5'ACGCACAGATTCTCCTCGCCAC3'			
P4	5'CAGAATATTCATGTCTGTGCTAAATG3'			
P5	5'AACGACGATCCTCCGATCTCC3'			
P6	5'CTTCCCAACCTCATCTAG3'			
P7	5'AAGCGCGCAGCTGTGTCCAGC3'			

sucker (Okawara et al., 1988). For UI, forward primer P5 and reverse primer P6 were designed on the basis of partial nucleotide sequences encoding goldfish UI peptide (Vaughan et al., 1995). With either set of primers, 35 cycles of PCR amplification were performed with denaturation for 1 min at 95°C, annealing for 1 min at 53°C, extension for 1 min at 73°C, and final extension for 10 min at 73°C after the last cycle. The PCR products were separated by agarose gel, and the bands of desired size were excised and purified using a Geneclean II kit (Bio 101, La Jolla, CA). The purified cDNA fragments, P1/P2 (317 bp) and P5/P6 (129 bp) PCR products (Fig. 1), were subcloned into pGEM-T vector (Promega, Madison, WI). Recombinant plasmid DNA containing the cDNA inserts were purified by an alkaline lysis method (Birnboim, 1983) and the isolated plasmid DNAs were sequenced on an Applied Biosystems Automated Sequencer (Perkin-Elmer, Norwalk, CT). Both strands of cloned DNA were sequenced in opposite directions using T7 and M13 sequencing primers that flank the inserted cDNA. The nucleotide sequence analyses indicated that the cloned P1/P2 and P5/P6 PCR products contained partial coding regions for precursors with CRF and UI sequences at their C-terminus, respectively. These DNA fragments were then used as probes to screen the cDNA library.

A goldfish brain cDNA library (kindly provided by Dr. H. R. Habibi, University of Calcary, Calcary, AB, Canada) was constructed using the ZAP-cDNA synthesis and Gigapack II Gold packaging extract kits (Stratagene, La Jolla, CA). The library was amplified once to a titer of 6×10^9 plaque-forming units/ml before being transferred to Hybond-N discs (Amersham Life Science, Buckinghamshire, England) at a density of 2 \times 104 plaques/filter. The filters were then probed with the P1/P2 (CRF) or P5/P6 (UI) PCR products (Fig. 1) prepared as described above. The DNA probes were labeled with [α-32P]dCTP using a T7QuickPrime kit (Pharmacia Biotech, Baie d'Urfé, QC, Canada). Hybridization of the filters was performed using the methods of Church and Gilbert (1984). In brief, the filters were prehybridized in a hybridization solution (0.5 M NaHPO₄, pH 7.2, 7% SDS, 1 mM EDTA, and 1% BSA) for at least 1 h at 65°C. The hybridization solution was then changed and the labeled probe was added. After hybridization for at least 16 h at 65°C, the filters were washed four times with a washing solution (40 mM

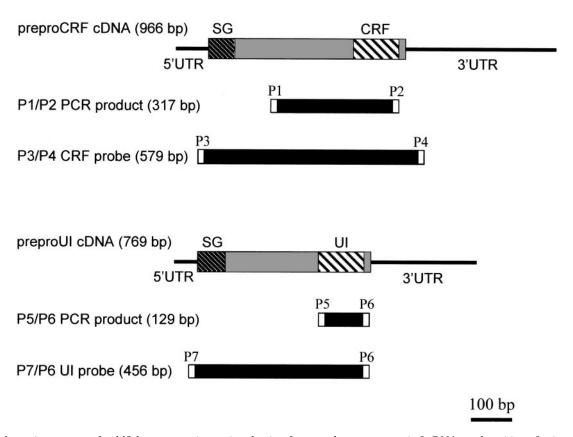


FIG. 1. Schematic structure of goldfish preprocorticotropin-releasing factor and preprourotensin I cDNAs and position of primers used for PCR assay. PCR amplification of cDNA with primer set P1 and P2 resulted in a 317-bp product, and amplification of cDNA with primer set P5 and P6 resulted in a 129-bp product. P1/P2 and P5/P6 PCR products were used as probes to screen a goldfish brain cDNA library. PCR amplification of cDNA with primer set P3 and P4 resulted in a 579-bp product, and amplification of cDNA with primer set P7 and P6 resulted in a 456-bp product. P3/P4 and P7/P6 PCR products were used as probes for Northern blot analysis of CRF and UI mRNA levels, respectively. Abbreviations: CRF, corticotropin-releasing factor; UI, urotensin I; 5'UTR, 5'-untranslated region; 3'UTR, 3'-untranslated region; SG, signal peptide; P1-P7, gene-specific primers (see Table 1 for sequences).

NaHPO₄, pH 7.2, 1 mM EDTA, and 1% SDS) and autoradiographed on Kodak X-OMAT X-ray film with intensifying screens at -80°C. With each probe, a total of 2×10^5 clones were screened out of which 3 positive CRF and 5 positive UI clones were isolated and subjected to secondary screening. Two positive CRF and UI clones were obtained from the secondary screening. These clones were amplified and subjected to in vivo excision using the helper phage rescue method according to the instructions of the ZAPcDNA synthesis kit (Stratagene). The plasmid DNA containing the cDNA inserts of desired size were purified and sequenced as above. Sequencing was carried out on both strands using the T7 and T3 sequencing primers flanking the inserted cDNA. In addition, in order to obtain complete overlapping sequences, the preproCRF cDNA was sequenced with the gene-specific primers P1 and P2, and the preproUI cDNA was sequenced with the gene-specific primers P5 and P6.

Expression Pattern of CRF and UI Genes in Goldfish Brain

Northern blot analysis was carried out for detection of CRF and UI gene expression in discrete brain areas of goldfish. Tissues of five brain areas, olfactory bulbs, telencephalon–preoptic region, hypothalamus, optic tectum–thalamus region, and posterior brain (including cerebellum, medulla, and spinal cord), and pituitary were freshly excised and homogenized for extraction of total RNA using Trizol Reagent as above.

Twenty micrograms of total RNA from each individual tissue were denatured at 65°C for 10 min in 0.2 M Mops (pH 7.0), containing 2.2 M formamide, 8% formaldehyde (37%), 50 mM sodium acetate, and 10 mM EDTA, and fractionated by electrophoresis in a denaturing 1.5% agarose gel. The gel was blotted onto Hybond-N membrane by capillary transfer and the RNA was fixed by baking at 80°C for 1 h and crosslinked by UV irradiation for 30 s. For hybridization of the membranes, probes were synthesized by PCR using plasmid DNA as templates with the genespecific primers P3 and P4 for preproCRF cDNA (P3/P4 CRF probe) or P7 and P6 for preproUI cDNA (P7/P6 UI probe; Fig. 1). The probes were then purified by agarose gel electrophoresis and Geneclean II kit. Probe labeling and hybridization of the membranes were carried out as above. The specific activity of the CRF and UI probes used for Northern blot analysis was consistently about 1.6×10^8 dpm/µg. Signal detection was achieved by exposing the membranes to a PhosphorImager screen for 2 days (Molecular Dynamics, Sunnyvale, CA) and quantified by ImageQuant software (Molecular Dynamics). To serve as an internal control, the membranes were stripped and reprobed with a [α-32P]dCTP-labeled partial cDNA for goldfish β-actin (Peyon et al., 1998). The mRNA levels for each individual tissue were expressed as a ratio between CRF mRNA and β-actin mRNA and between UI mRNA and β-actin mRNA.

Effects of Cortisol and RU-486 on CRF and UI Gene Expression

Nine groups of 24 fish each were adapted for a 2-week period to individual 80-liter fiberglass tanks. After this acclimation period, two groups of fish each received either a blank (sham treatment), cortisol (hydrocortisone; Sigma Chemical, St. Louis, MO), or RU-486 (mifepristone; Sigma) silastic pellet, and three control groups were left undisturbed. The solid silastic pellets were manufactured as previously described (Pankhurst *et al.*, 1986) and implanted intraperitoneally through a 2- to 3-mm incision in the body wall under MS-222 (0.02%) anesthesia between 9:30 and 11:00 AM. Fish implanted with the cortisol pellets received a dose of 300 µg/g body weight (BW) and

those treated with RU-486 received a dose of $100~\mu g/g$ BW. Six and 24 h after receiving the implants, fish were terminally anesthetized (0.05% MS-222) for collection of blood and brain tissues. One control group was sampled at 9:00 AM (time 0 control), immediately prior to the implantation of the experimental groups, and the two other control groups were sampled 6 and 24 h later. Blood was collected by caudal puncture using 25-gauge needles and centrifuged at 10,000g for 5 min, and the separated plasma was stored at -20° C for later analysis of cortisol. Brains were obtained by decapitation and regionally dissected to determine the expression levels of CRF and UI mRNAs.

Concentrations of plasma cortisol, the primary circulating corticosteroid in goldfish, were determined by radioimmunoassay (RIA) using a commercially available kit (ImmuChem Coated Tube Cortisol 125 I RIA Kit; ICN Biochemicals, Costa Mesa, CA). The validity of the RIA for measuring cortisol titers in goldfish plasma was assessed with the determination of displacement curves obtained with serial dilutions of plasma samples. The cross-reaction of RU-486 with the cortisol antibody was assessed to check the specificity of the assay. The intraassay coefficient of variation was 3.3% (n=8).

CRF and UI mRNA levels were assessed by Northern blot analysis in the telencephalon-preoptic region, the hypothalamus, and the optic tectum-thalamus region. In addition, CRF mRNA levels were examined in the olfactory bulbs. In order to obtain at least 30 µg total RNA from each brain region, the telencephalonpreoptic, the hypothalamus, and the optic tectumthalamus tissues were pooled two by two and the olfactory bulbs three by three prior to RNA extraction. Total RNAs, 10 and 20 µg for the CRF and UI gels, respectively, were denatured and subjected to electrophoresis as above. After electrophoresis, RNAs were transferred to Hybond-N membranes, fixed, and UV crosslinked. The RNA blots were then hybridized with either the P3/P4 CRF probe or the P7/P6 UI probe. Signal detection was achieved by exposing the CRF and UI membranes to a PhosphorImager screen for 1 and 3 days, respectively, and quantified by ImageQuant program. The CRF and UI mRNA levels were expressed as a ratio to the hybridization signal for β-actin mRNA (internal control) and then normalized as a percentage of the time 0 control group values for each individual tissue analyzed.

Statistics

Results are presented as mean values + one standard error of the mean (SE) throughout. Among the three control groups or between the four different treatments at either the 6- or 24-h sampling time, statistical differences were determined using a one-way analysis of variance followed by a Tukey test for multiple comparisons. The significance level for all statistical tests was P < 0.05.

RESULTS

Cloning of CRF and UI cDNAs

Screening of a goldfish brain cDNA library with a probe for the coding region of a partial preproCRF cDNA (P1/P2 PCR product; Fig. 1) identified three positive clones. After secondary screening, two clones were characterized by nucleotide sequence analysis. Both clones contained the identical nucleotide sequence. Sequence analysis confirmed the identity of the clones as a preproCRF cDNA since the deduced protein sequence contains CRF at the C-terminus. The 966-nucleotide sequence of goldfish preproCRF cDNA (GenBank Accession No. AF098629) and the deduced amino acid sequence are shown in Fig. 2A. The cDNA is comprised of a 90-bp 5'-untranslated region, 489 bases of open reading frame, and a 387-bp 3'untranslated region, which contains a polyadenylation signal (AATAAA) and a poly(A) tail. The open reading frame encodes the 163-amino acid goldfish preproCRF, which consists of a putative signal peptide, a cryptic region, and the carboxyl terminus 41-amino acid sequence of CRF. The potential 24-amino acid signal peptide at the amino terminus was determined by the (-3, -1)-rule for predicting the cleavage site between a signal sequence and the mature exported protein (von Heijne, 1986). Goldfish CRF is flanked by the potential proteolytic processing and cleavage signals Arg-Xaa-Arg-Arg at the N-terminus and by Gly-Lys at the C-terminus. The presence of Gly adjacent to the C-terminus is indicative of carboxy-terminal amidation.

Screening of the goldfish brain cDNA library using a partial preproUI cDNA (P5/P6 PCR product; Fig. 1) as probe identified five positive clones. After secondary

screening, two clones were characterized by nucleotide sequence analysis. Both clones were indistinguishable. The identity of the sequence indicated a preproUI cDNA since the deduced protein sequence contains UI at its C-terminus. The 769-nucleotide sequence of goldfish preproUI cDNA (GenBank Accession No. AF129115) and the deduced amino acid sequence are shown in Fig. 2B. The cDNA comprises 58 bp of 5'-untranslated region, 438 bases of open reading frame, and a 273-bp 3'-untranslated region, which contains both a common (AATAAA) and modified (ATTAAA) polyadenylation signal and a poly(A) tail. The deduced 146-amino acid goldfish UI precursor consists of a putative signal peptide sequence of 24 amino acids at its amino terminus (von Heijne, 1986), a cryptic region, and the carboxyl terminus 41-amino acid sequence of UI. The double-basic residues Lys-Arg adjacent to the N-terminus of UI indicate a potential enzymatic cleavage site. The Gly-Lys residues following the C-terminus of UI are indicative of a proteolytic processing site and of C-terminal amidation.

The deduced amino acid sequence of the goldfish CRF precursor is closely related to that of the white sucker CRF₁ precursor (Table 2). Goldfish CRF and white sucker CRF₁ peptides differ by a single Met-Leu substitution at amino acid position 27. The predicted goldfish UI peptide has an amino acid sequence identical to the one determined in common carp, Cyprinus carpio (Ichikawa et al., 1982), and the goldfish UI precursor also shares its highest degree of sequence identity with the UI precursor from the same species. Overall, a multiple amino acid sequence alignment between goldfish and other vertebrate CRF-related precursors and peptides revealed that goldfish prepro-CRF and its mature peptide exhibit higher identities with CRF sequences than with other CRF-related peptides. Similarly, goldfish UI precursor and peptide show a higher degree of identity with other UI sequences than with the remaining members of the CRF peptide family.

Expression Pattern of CRF and UI Genes in Goldfish Brain

Northern blot analysis of total RNA using the P3/P4 CRF probe (Fig. 1) identified a single gene transcript of approximately 1.3 kb for the CRF precursor in discrete

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                                                                    CTC GTC ACC ACC GTG GCT CTG CTC GTT GCC TTT CCA CCA CCG TAT
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           CAG TCC CCG CCG GTT
                                                                     TTG GCA CGC
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                                                                    CGA TCC
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           CGC TTG GAT GGC AAT
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           GCC AGA GCC GAA CAA ATG GCC CAG CAA GCT
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           GGG AAG TAA ccatgagcaaacccattagccaaagatatttttacatttagcacagacatgaatattctgtaccatagtgctgcttttccatcatgatctatttataccggtg
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481
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161
          act tatttatttgtagatatttcact gaagacgaatagagcacact aggt gatat at gaagcgcaaaact gt cat cact ctccat caat gt tatt gatatag gat catt cagaact grag gatat gat
593
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          atgaagaaaacgtttgagtttctttaaaaaaaaaagacaatattttccagtactgtattttgcttaatttatctgacagacttgagtttcattgtaacatacagtacattgtttaagtttgttA
713
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B

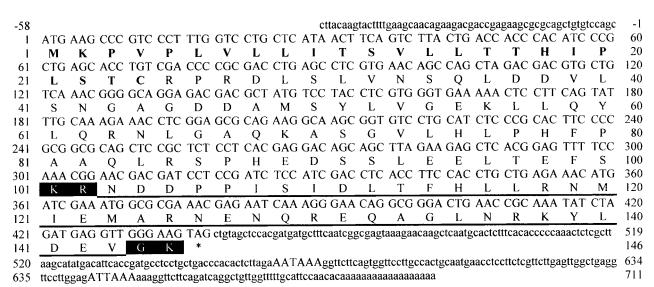


FIG. 2. Nucleotide and deduced amino acid sequences of the goldfish preprocorticotropin-releasing factor (A; Genbank Accession No. AF098629) and preprourotensin I (B; Genbank Accession No. AF129115) cDNAs. The DNA sequences of the 5'- and 3'-untranslated region are shown as *lower case letters*, while coding regions are shown as *upper case letters*. The putative signal peptide sequences are shown as *boldface upper case letters*. Potential enzymatic cleavage recognition sites are indicated in *black boxes*. The amino acid sequences for mature corticotropin-releasing factor and urotensin I peptides are *underlined*. The polyadenylation signals, AATAAA and ATTAAA, in the 3'-untranslated regions are shown as *upper case letters*.

TABLE 2
Percentage Amino Acid Sequence Identity of the Known Corticotropin-Releasing Factor (CRF), Urotensin I (UI), and CRF-Related Peptides and Precursors between Goldfish and Other Vertebrate Species

	Goldf	ish CRF	Goldfish UI	
	Peptide % identity	Precursor % identity	Peptide % identity	Precursor % identity
Goldfish CRF			53	28
White sucker CRF ₁	97	91	53	29
White sucker CRF ₂	95	87	53	26
Sockeye salmon CRF	78	61	56	26
Xenopus CRF	87	44	56	29
Ovine CRF	78	42	51	29
Goat CRF	78		51	
Bovine CRF	75		51	
Porcine CRF ₁	95		53	
Porcine CRF ₂	92		53	
Horse CRF	92		51	
Rat CRF	92	48	53	27
Human CRF	92	49	53	25
Goldfish UI	53	28		
Common carp UI	53	28	100	94
White sucker UI	53		95	
Rainbow trout UI	53	28	90	61
Flounder UI	46		68	
Sole UI	46		63	
Dogfish UI	53		53	
Rat urocortin	45	25	62	34
Human urocortin	42	26	57	27
Sauvagine	42		50	

Note. Multiple amino acid sequence comparisons were performed using CLUSTAL W (1.74) program with default parameters at the online service website of the European Bioinformatics Institute.

brain regions of goldfish (Fig. 3B). The relative regional levels of CRF mRNA in the brain of control animals was shown to be telencephalon–preoptic ≥ olfactory bulbs ≥ hypothalamus > optic tectum-thalamus ≥ posterior brain (Fig. 3D). There was no hybridization signal for CRF mRNA in the pituitary (Fig. 3D). The hybridization signals to the P7/P6 UI probe (Fig. 1) revealed a single gene transcript of approximately 2.0 kb for the UI precursor in goldfish brain (Fig. 3C). The average hybridization signal for UI mRNA in the brain of control fish was shown to be telencephalon-preoptic > optic tectum-thalamus ≥ hypothalamus > posterior brain (Fig. 3E). No hybridization signal for UI mRNA was detected in either the olfactory bulbs or the pituitary (Fig. 3E). The gene transcript for the internal control β -actin was observed in all of the

tissues examined (Figs. 3B and 3C). Overall, in the different regions of the goldfish brain examined, the relative level of CRF gene expression was greater than the level of UI gene expression (Figs. 3D and 3E).

Effects of Cortisol and RU-486 on CRF and UI Gene Expression

Validation of the RIA for measuring cortisol titers in goldfish plasma was provided by the observation that the dilution curve of immunoreactive cortisol in goldfish plasma was parallel to the standard curve (Fig. 4A). Moreover, relative to the curve obtained with the cortisol standards, the antibody exhibited negligible cross-reactivity with RU-486 (Fig. 4A).

Resting plasma cortisol concentrations in the three control groups were similar and averaged approximately 34 ng/ml (Fig. 4B). Relative to the control values, plasma cortisol concentrations were significantly elevated in the sham treatment at the 6-h sampling point and returned to basal levels 24 h after the implant procedure. Fish treated with the cortisol implants were characterized by a marked elevation in plasma cortisol levels by 6 h and by a less pronounced increase after 24 h. The rapid fall in plasma cortisol between the 6- and the 24-h time points relates to the release profile of silastic implants (Pankhurst et al., 1986). RU-486-treated fish exhibited high levels of plasma cortisol that were sustained throughout the sampling regime. Overall, cortisol- and RU-486-treated fish had significantly higher plasma cortisol titers than either the sham or control groups at the 6- and 24-h time points.

Under control conditions, in the fish left undisturbed, the level of CRF mRNA remained stable between the different time points in the four brain regions sampled (Figs. 5A–5D). In the sham-treated fish, while the CRF mRNA content of the olfactory bulbs, optic tectum–thalamus region, and hypothalamus did not change significantly, CRF mRNA levels in the telencephalon–preoptic region fell to 72% of control values 6 h after injection of the blank implant and recovered after 24 h. Similarly, in the cortisol-treated fish, CRF mRNA levels in the telencephalon–preoptic region were decreased to 69% of control values at the 6-h sampling point. However, unlike the sham treatment, the level of CRF mRNA in the telencephalon–preoptic region of cortisol-injected fish remained de-

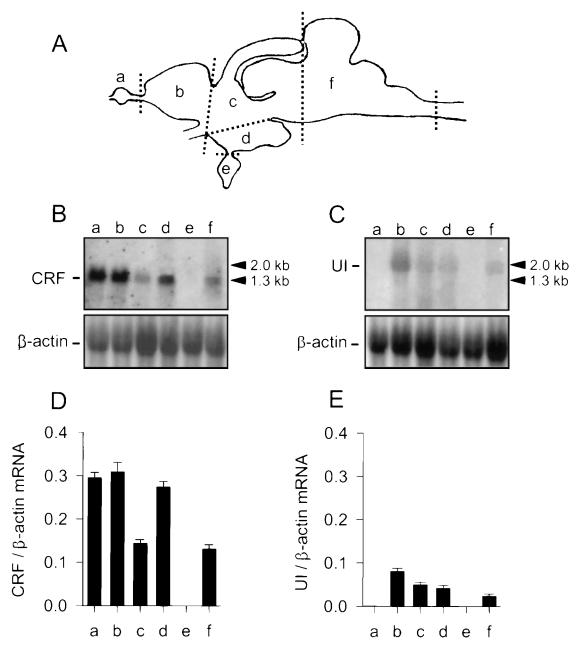


FIG. 3. Brain distribution of goldfish corticotropin-releasing factor (CRF) and urotensin I (UI) mRNAs as revealed by Northern blot analysis. (A) Dissection of the brain regions used for RNA extraction: a, olfactory bulbs; b, telencephalon–preoptic region; c, optic tectum–thalamus region; d, hypothalamus; e, pituitary; f, posterior brain (including cerebellum, medulla, and spinal cord). (B and C) Northern blot analysis of total RNA from discrete brain regions and the pituitary. RNA (20 μg) was fractionated on denaturing agorase gel and transferred onto nylon membranes. The membranes were hybridized with either 32 P-labeled P3/P4 CRF probe (B) or P7/P6 UI probe (C), exposed to a PhosphorImager screen, and quantified using ImageQuant program. Northern blot of goldfish β-actin was also performed as internal control. CRF mRNA (D) and UI mRNA (E) levels in discrete brain regions and the pituitary of goldfish (n = 5). Values are means + SE.

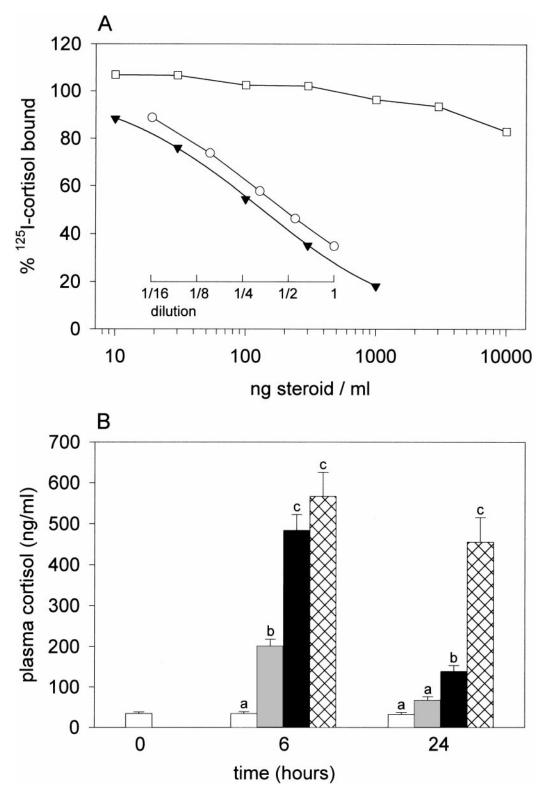


FIG. 4. (A) Standard curve for radioimmunoassay of cortisol (solid triangle), serial dilution curve of goldfish plasma (open circle), and inhibition of binding of iodinated cortisol with increasing doses of the glucocorticoid antagonist, RU-486 (open square). (B) Time course of changes in plasma cortisol in goldfish given either a sham implant (gray bars; n=24), a cortisol implant (300 μ g/g BW; black bars; n=24), a RU-486 implant (100 μ g/g BW; crosshatched bars; n=24), or left undisturbed (open bars; n=24). Treatments that do not share a common letter for a given time are significantly different from each other (P<0.05). Values are means + SE.

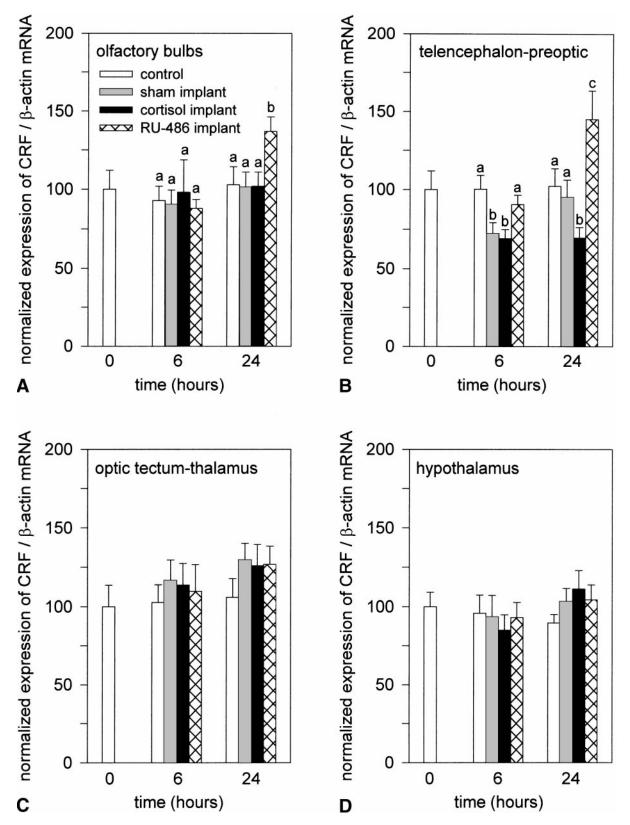


FIG. 5. Time course of changes in CRF mRNA levels in (A) the olfactory bulbs (n = 8), (B) the telencephalon–preoptic region (n = 12), (C) the optic tectum–thalamus region (n = 12), and (D) the hypothalamus (n = 12) of goldfish given either a sham implant (gray bars), a cortisol implant (300 μ g/g BW; black bars), a RU-486 implant (100 μ g/g BW; crosshatched bars), or left undisturbed (open bars). Treatments that do not share a common letter for a given time and brain region are significantly different from each other (P < 0.05). Values are means + SE.

pressed at 24 h postimplantation. In contrast, cortisol treatment did not affect CRF mRNA levels in the other three brain regions analyzed. Finally, although RU-486 treatment did not affect CRF gene expression in either the optic tectum–thalamus region or the hypothalamus, 24 h after RU-486 treatment, CRF mRNA levels increased to 137 and 145% of control values in the olfactory bulbs and the telencephalon–preoptic region, respectively.

Urotensin I mRNA levels in the telencephalon-preoptic region, the optic tectum-thalamus region, and the hypothalamus were too low to reliably assess the regulation of UI gene expression by Northern blot analysis. Therefore, we were unable to investigate the potential effects of the different implant treatments on the regulation of UI gene expression in goldfish brain.

DISCUSSION

Cloning of CRF and UI cDNAs

In the present study, we have cloned two cDNAs from a goldfish brain cDNA library that encode precursors belonging to the CRF family of peptides, prepro-CRF and preproUI. Both precursor polypeptides have a similar organization which is characteristic of CRFrelated precursors and consist of an N-terminal signal sequence, succeeded by a divergent cryptic region, and subsequently by a conserved mature hormone sequence near the C-terminus (Fig. 1; Lederis et al., 1993). However, despite these structural similarities, a comparison of the deduced amino acid sequence of the two cloned goldfish precursors and hormones with other CRF-related peptides (Table 2) shows that goldfish CRF and UI are members of two discrete lineages within the CRF family (Lovejoy, 1996; Lovejoy and Balment, 1999). In addition, similar to other CRF precursors, the cryptic region of goldfish preproCRF contains a characteristic region of conserved amino acids (residues 48-60; Fig. 2A). It has previously been suggested that this conserved region of CRF precursors might have a functional role (Morley et al., 1991; Lederis et al., 1993). Therefore, it is noteworthy that the same region of the three UI precursors described to date (Ishida et al., 1986; Barsyte et al., 1999; this study) also contains a sequence of highly conserved amino

acids (residues 50–64; Fig. 2B); however, the sequence differs from that of CRF precursors.

The deduced amino acid sequence of goldfish CRF is most closely related to that of another member of the cypriniform order, the white sucker (Okawara et al., 1988). In addition, goldfish CRF shares a higher percentage of sequence identity with the CRF structures of pig, horse, rat, human, and Xenopus, than with those of sockeye salmon and ruminant ungulates (cattle, sheep, and goats; Table 2). Relative to the rat/human CRF sequence, while sockeye salmon CRF shows 10 residue substitutions, the cyprinid CRFs have only 2-3 amino acid substitutions. The CRF structure of ruminant ungulates is thought to have undergone an accelerated rate of amino acid substitution as a result of its less dominant role in the release of ACTH (Lovejoy, 1996). Whether a similar explanation can account for the greater number of residue substitutions observed in salmon CRF than in goldfish CRF is not clear. However, there is some evidence suggesting that the role of the various corticotropin-releasing factors involved in ACTH release in salmonids and cyprinids may differ (Lederis et al., 1994; Baker et al., 1996).

The deduced amino acid sequence of goldfish UI is identical to the sequence of another member of the suborder cyprinidae, the common carp (Ichikawa et al., 1982), and shows a high degree of sequence identity with white sucker UI (Lederis et al., 1982). In contrast, the percentage identity between goldfish and dogfish UI (Waugh et al., 1995) is approximately the same as between goldfish UI and other CRF-related peptides (Table 2). While the phyletic significance of this marked variation among UI peptides is not clear (Lederis et al., 1993), a phylogenetic tree produced by the amino acid sequence alignment of all known CRF-related peptides (data not shown) revealed that UI peptides, urocortins, and sauvagine group together on a branch separate from the CRF peptides.

Although only one cDNA was isolated from the goldfish cDNA library for each preproCRF and preproUI, given the tetraploid nature of goldfish (Ohno et al., 1967), two separate cDNAs may be expected from any given gene. Indeed, previous studies investigating tetraploid species, including white sucker (Morley et al., 1991), Xenopus (Stenzel-Poore et al., 1992), and sockeye salmon (Ando et al., 1999), have all reported two types of CRF cDNAs. The sequence identity

between the two cDNAs encoding the CRF precursors within a species is high (Morley *et al.*, 1991; Stenzel-Poore *et al.*, 1992; Ando *et al.*, 1999), and Northern blot experiments have shown that the mRNAs for white sucker CRF₁ and CRF₂ are identical in size (Morley *et al.*, 1991). In goldfish, more work is needed to determine whether more than one CRF or UI precursor is expressed.

Expression Pattern of CRF and UI Genes in Goldfish Brain

Northern blot analysis of total RNA prepared from goldfish revealed a single size of CRF mRNA of approximately 1.3 kb widely distributed throughout the brain. In contrast, a similar analysis of CRF gene transcripts from white sucker hypothalamic regions revealed two mRNAs for CRF1 and CRF2 of 1.3 and 1.8 kb, which were differentially expressed according to the glucocorticoid status of the fish (Morley et al., 1991). The two versions of CRF₁ and CRF₂ mRNA signals in white sucker are apparently derived from the same primary transcript by the use of different polyadenylation signals (Morley et al., 1991). Although a previous investigation failed to detect UI transcripts in the brain of common carp (Ishida et al., 1986), we observed a single size UI mRNA of approximately 2.0 kb in different regions of goldfish brain. These results concur with the single UI transcript of 2.0 kb detected in the hypothalamus of white sucker (Morley et al., 1991) and contrast with the 3.2-kb UI transcript found in rainbow trout brain (Barsyte et al., 1999). Since the 3' untranslated regions of all preproUI cDNAs described to date contain multiple polyadenylation signals (Ishida et al., 1986; Barsyte et al., 1999; this study), the UI mRNA signals of varying size found among teleost brain are likely to be the result of differential processing of the UI transcripts. Differential processing of UI mRNA is further supported by the presence of multiple UI transcripts in the urophysis of carp (Ishida et al., 1986) and trout (Barsyte et al., 1999). In this study, the marked difference between the size of the cDNA (769 bp) and transcript (2.0 kb) of UI suggest that the cloned version of goldfish UI is likely a truncated transcript that was cleaved at one of the first polyadenylation signals of the 3' terminus. Overall, in brain regions in which both UI and CRF genes are expressed,

the level of hybridizable UI mRNA was three- to sevenfold lower than the level of CRF mRNA.

The detection of CRF and UI transcripts in the telencephalon-preoptic and hypothalamic regions of goldfish brain by Northern blot hybridization is consistent with the results obtained by Morley et al. (1991) in white sucker. Within these two brain regions, in situ hybridization studies have localized CRF mRNA in the NPO of white sucker and sockeye salmon (Okawara et al., 1992; Ando et al., 1999) and in the NPO, the ventral telencephalon, the NLT, and the nucleus recessus lateralis of goldfish (Lederis et al., 1994). Overall, relative to the other brain regions analyzed, the level of CRF expression in the telencephalon-preoptic region of goldfish brain suggests, as in previous studies, that the NPO is a primary site of CRF synthesis and storage in teleosts (Lederis et al., 1994). Moreover, in contrast to observations in white sucker in which UI mRNA is expressed almost equally in the NPO and the NLT (Morley et al., 1991), our results suggest that the telencephalon-preoptic region is the principle site of UI synthesis in goldfish brain.

In addition to a localization of CRF and UI transcripts in the hypothalamus and telencephalonpreoptic region, our analysis of the distribution of CRF and UI synthesis in goldfish brain demonstrated that the mRNA for CRF and UI genes are expressed in extrahypothalamic regions. The presence of CRF and UI transcripts in the optic tectum-thalamus and posterior brain regions suggest that the CRF and UI peptides that have been shown immunohistochemically in these regions (Lederis et al., 1985) are likely to be synthesized there. Although to our knowledge CRF peptides have not been localized in the olfactory system of fish, our results suggest that the olfactory bulbs, while devoid of UI gene expression, is the most significant extrahypothalamic site of CRF mRNA synthesis in the brain of goldfish. This observation is consistent with the extensive network of CRF-synthesizing neurons previously identified in the olfactory system of rats (Imaki et al., 1989). The absence of CRF and UI gene expression in the pituitary concurs with the undetectable levels of CRF mRNA in the pituitary of rat (Jingami et al., 1985). In mammals, while the CRF-synthesizing neurons that arise in the paraventricular nucleus and terminate in the median eminence control primarily the neuroendocrine component of

stress, the CRF perikarya widely distributed outside of this axis have been implicated in the autonomic and behavioral responses to stress (Turnbull and Rivier, 1997). Future investigations are needed to determine whether the extrahypothalamic CRF- and UI-synthesizing neurons identified in goldfish are also involved in mediating some of the autonomic and behavioral responses to stress.

Effects of Cortisol and RU-486 on CRF and UI Gene Expression

Results from the sham, cortisol, and RU-486 implant experiments show that stress levels of plasma cortisol can lead to a decrease in CRF gene expression that is mediated by glucocorticoid receptors in the telencephalon–preoptic region of goldfish brain. In contrast, CRF gene expression in other brain regions was unresponsive to any of the treatments. Therefore, this study provides direct evidence that cortisol is involved in the negative feedback regulation of CRF mRNA synthesis in fish and gives an indication of the regional specificity of the effects of cortisol on levels of CRF mRNA in goldfish brain.

Several studies have previously suggested that cortisol may exert negative feedback effects on the CRFsynthesizing neurons of the NPO in teleosts. For example, Fryer and Peter (1977b) showed that cortisol implants in the vicinity of the NPO in goldfish suppressed the increase in plasma cortisol that occurs following a sham-injection stress. Olivereau and Olivereau (1989) reported that CRF-like immunoreactivity in the NPO of eels (Anguilla anguilla) was reduced by intraperitoneal injections of cortisol. Pharmacological adrenalectomy with metopirone to suppress cortisol synthesis increased the cross-sectional area of CRF-immunoreactive neurons in the NPO of goldfish (Fryer and Boudreault-Châteauvert, 1981) and eels (Olivereau and Olivereau, 1990) and increased CRF mRNA levels in the entire hypothalamic region of white sucker (Morley et al., 1991). In this study, an increase in plasma cortisol, either endogenous as a result of the sham-injection stress or exogenous via the cortisol implants, resulted in a suppression of CRF mRNA levels in the telencephalon-preoptic region of goldfish brain. Furthermore, while the temporary increase in plasma cortisol following the sham-injection stress was associated with a transient decrease in CRF

gene expression, the sustained elevation in plasma cortisol in the cortisol-treated fish resulted in an extended depression of CRF mRNA levels. Since immunohistochemical and *in situ* hybridization studies have demonstrated that CRF peptide and mRNA are primarily localized in the NPO of the telencephalon–preoptic region (Lederis *et al.*, 1994), our results provide strong evidence that stress levels of plasma cortisol can inhibit CRF gene expression in the NPO of teleosts.

The results obtained with the glucocorticoid antagonist, RU-486, further support the contention that cortisol mediates the negative feedback regulation of CRF gene expression in goldfish. Although the increase in plasma cortisol 6 h after implantation of RU-486 was almost three times higher than that in the sham-treated fish, it had no effect on the levels of CRF mRNA in the telencephalon-preoptic brain region. Moreover, in the same brain region, the sustained increase in plasma cortisol 24 h after implantation of the receptor antagonist RU-486 was associated with a significant increase in CRF gene expression. Taken together, these results suggest that the negative feedback effects of cortisol on CRF gene expression are mediated by glucocorticoid receptors and can significantly dampen the stressinduced activation of the HPI axis in goldfish. In support of a glucocorticoid receptor-mediated negative feedback process, Teitsma et al. (1997) recently showed that glucocorticoid receptor mRNAs are heavily expressed in the NPO of rainbow trout (Oncorhynchus mykiss).

The stimulatory effects of RU-486 treatment on the plasma cortisol concentrations of goldfish, while in agreement with similar observations in mammalian studies, appear to be at odds with previous investigation of RU-486 effects in rainbow trout. In mammals, RU-486 administration disinhibits the HPI axis and results in a dose-dependent increase in plasma ACTH and cortisol concentrations (Gaillard et al., 1984; Healy et al., 1985). In contrast, RU-486 implants given intraperitoneally at a dose of 100 µg/gBW had no effect on plasma cortisol concentrations in rainbow trout (Vijayan et al., 1994; Reddy et al., 1995). However, while the effects of RU-486 treatment on plasma cortisol levels were assessed within 24 h of pellet implantation in this study, they were assessed on days 3 (Reddy et al., 1995) and 7 (Vijayan et al., 1994) postimplantation in trout. Since plasma cortisol levels return to resting

levels 3 days after RU-486 injection in goldfish (Bernier and Peter, unpublished observations), it is possible that the sampling regime used to investigate the effects of RU-486 in trout unknowingly missed the acute effects of this treatment on plasma cortisol levels.

Parallel to a cortisol-mediated suppression of CRF synthesis, several other feedback effects of cortisol on the HPI axis of goldfish may have contributed to the regulation of cortisol secretion in this study. Primary among these feedback loops is the direct inhibitory effect of cortisol on ACTH secretion from the pituitary (Fryer et al., 1984). Indirect evidence also suggests that glucocorticoids inhibit the biosynthesis and release of another corticotropin-releasing peptide, arginine vasotocin (AVT), from the NPO of goldfish (Fryer and Lederis, 1988). In addition, although low mRNA levels prevented us from assessing the effects of cortisol on UI synthesis, there nevertheless is some evidence that cortisol may be involved in regulating the expression of UI in goldfish (Fryer, 1989). Therefore, the plasma cortisol levels that characterized the sham-, cortisol-, and RU-486-treated fish are likely a reflection of the activity of multiple corticotropin-releasing peptides and of multiple cortisol-mediated feedback loops.

In mammals, several studies have provided evidence for pronounced regional differences in the regulation of CRF gene expression by glucocorticoids. Results obtained by immunohistochemistry (Swanson et al., 1983), Northern blot analysis, and in situ hybridization (Imaki et al., 1991) have all shown that brain sites outside the PVN in mammals are unaffected by manipulations of glucocorticoid status. Similarly, while changes in plasma cortisol levels can alter the expression of CRF gene in the telencephalon-preoptic region of goldfish brain, they have no effect on CRF mRNA levels in the hypothalamus, the optic tectum-thalamus region, and the olfactory bulbs. In contrast, the increase in CRF gene expression in the olfactory bulbs of RU-486-treated goldfish suggest the possibility of glucocorticoid receptor-mediated CRF gene regulation in this region. However, manipulations of glucocorticoid status have no effect on CRF mRNA levels in the olfactory system of rats (Imaki et al., 1991), and glucocorticoid receptors appear to be absent from the olfactory bulbs of fish (Teitsma et al., 1997). These conflicting observations put into question the role that cortisol plays in the regulation of CRF gene expression in the

olfactory bulb of goldfish. In general, our results indicate that cortisol does not regulate CRF gene expression in brain sites outside of the telencephalon-preoptic region of goldfish brain.

In summary, the goldfish preproCRF and preproUI cDNAs isolated in this study exhibit the characteristic structure of CRF-related precursors and the deduced amino acid sequence of their mature peptides shows that goldfish CRF and UI are members of their respective lineage within the CRF peptide family. A Northern blot analysis of CRF and UI transcripts provided evidence that both genes are differentially expressed in both hypothalamic and extrahypothalmic regions with the CRF gene having a stronger expression than the UI gene throughout goldfish brain. In the telencephalonpreoptic region, cortisol suppresses and glucocorticoid receptor blockade stimulates CRF gene expression. In contrast, cortisol does not appear to be involved in the regulation of CRF synthesis in the optic tectumthalamus region and the hypothalamus.

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